

2024年暑期訓練程序 2024 Summer Training Program

◎ 課程地點 Course location : 佐敦會所 Jordan Centre

暑期課程 Summer Course 幼兒系列 Children Series

星期一 Monday

日期 Date	時間 Time	對象/名額 Target/Quota	收費/堂數 Fee/Number of class
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「糕」點大行動 Operation 'Pastry'

ST01

教授各款經典風味的糕點：

1. 夾心紫薯糕、2. 雲朵蛋糕、3. 古早味蛋糕、4. 香蘭古早味蛋糕、5. 藍莓鬆餅

Lessons on making various classic pastries:

1. Sweet potato cake、2. Cloud cake、3. Castella cake、4. Pandan Castella cake、5. Blueberry muffins

22/7-19/8

9:10am-10:10am

4-6歲/6名
Age 4-6/6 Participants

\$880/5 堂 sessions

中西甜品大挑戰 International Dessert Challenge

ST02

教授各款新派風味的甜品：

1. 蜜糖小蛋糕、2. 火龍果笑口糕、3. 西式布丁、4. 斑馬牛油蛋糕、5. 朱古力布朗尼

Lessons on making various new style desserts:

1. Honey cake、2. Pitaya cake、3. Western pudding、4. Zebra butter cake、5. Chocolate brownie

22/7-19/8

10:15am-11:15am

4-6歲/6名
Age 4-6/6 Participants

\$880/5 堂 sessions

異國風情甜品派對 Exotic Dessert Party

ST03

教授各款多國風味的甜品：

1. 士多啤梨千層酥皮夾餅、2. 法式草莓班戟、3. 奶油酥餅、4. 瑪格麗特小熊餅乾、5. 爆漿藍莓軟曲奇

Lessons on making various new style desserts:

1. Strawberry Mille-feuille pastry、2. Strawberry crêpes、3. Shortbread、4. Italian hardboiled egg yolk cookies、5. Slurry blueberry cookies

22/7-19/8

11:30am-12:30pm

4-6歲/6名
Age 4-6/6 Participants

\$880/5 堂 sessions

備註 Note

1. 費用已包括食物材料費； The price includes ingredients;
2. 請自備圍裙及食物盒。 Please bring your own apron and food container.

星期二 Tuesday

日期 Date	時間 Time	對象/名額 Target/Quota	收費/堂數 Fee/Number of class
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幼兒美感創造訓練課程 Aesthetic Training Course for Young Children

ST04

由著色畫畫的遊戲，既滿足他們喜歡用塗鴉畫畫的表達方式：

1. 恐龍世界、2. 海洋世界、3. 汽車世界、4. 彩虹小鎮、5. 創造小怪獸

The drawing game satisfy students' favourite expression:

1. Dinosaur world、2. Ocean world、3. Automobile world、4. Rainbow town、5. Creative little monsters

23/7-20/8

9:10am-10:10am

4-6歲/6名
Age 4-6/6 Participants

\$560/5堂 sessions

幼兒邏輯思維訓練課程 Logical Thinking Training Course for Young Children

ST05

加強訓練空間概念、組織力、邏輯力以及觀察力：

1. 邏輯積木拼拼樂、2. 動物對對碰訓練、3. 小鱷魚連連樂、4. 平衡森林橋、5. 購物清單

Strengthen training on space concepts, organizational skills, logical skills and observation:

1. Block puzzle logic building、2. Animal pairing、3. Little crocodile、4. Balanced forest bridge、5. Shopping List

23/7-20/8

10:15am-11:15am

4-6歲/6名
Age 4-6/6 Participants

\$560/5堂 sessions

參加者如未滿6歲，須有最少1位6-24歲的家庭成員成為本會會友，並請在報名表上申報。

If the participants are under 6 years old, they must have at least one family member aged 6-24 who is a member of the association.

Please declare it on the registration form.



星期二 Tuesday

日期 Date	時間 Time	對象/名額 Target/Quota	收費/堂數 Fee/Number of class
幼兒 I Can Do It 生活技能培養課程 'I Can Do It' Life Skills Early Childhood Development Course ST06			
運用Mideer "I can do it Good Habits" 好習慣培養拼貼書，引導幼兒運用魔术貼透過配對拼圖提升認知，以四大核心：順序意識、邏輯分類、形狀配對、數字啟蒙培養幼兒。 Using the Mideer good habit development collage book "I can do it good habits" to guide children to apply velcro to improve their cognition by matching puzzles. Cultivate young children with four core subjects: sequence awareness, logical classification, shape matching, and numerical enlightenment.			
23/7-20/8	10:15am-11:15am	4-6歲/6名 Age 4-6/6 Participants	\$560/5堂 sessions

備註 Note 費用已包括所有教材費 The price includes all teaching materials.

星期三 Wednesday

日期 Date	時間 Time	對象/名額 Target/Quota	收費/堂數 Fee/Number of class
幼兒Messy Play Playgroup課程 Messy Play Playgroup Course for Young Children ST07			
Messy play鼓勵幼兒自創新奇玩法，提供更多自由遊戲的機會： 1. 滴管畫、2. 彩虹冰棒、3. 冰封恐龍蛋、4. 塗鴉牆、5. 觸覺訓練迷宮 Using the Mideer good habit development collage book "I can do it good habits" to guide children to apply velcro to improve their cognition by matching puzzles. Cultivate young children with four core subjects: sequence awareness, logical classification, shape matching, and numerical enlightenment.			
24/7-21/8	9:10am-10:10am	4-6歲/6名 Age 4-6/6 Participants	\$700/5堂 sessions

英語敲擊樂小跳豆 English Percussion Jumping Beans

ST08

活用奧福的音樂教學過程，較注重聽覺、觸覺及肢體的刺激，希望幼兒從身心感受音樂多於用腦理解音樂。透過肢體律動，來掌握音高、力度和節奏的變化。

By making full use of OFU's music teaching process, we pay more attention to hearing, touch and physical stimulation. We hope that children can feel music physically and mentally, and master the changes in pitch, intensity and rhythm.

24/7-21/8	10:15am-11:15am	4-6歲/6名 Age 4-6/6 Participants	\$400/5堂 sessions
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幼兒英語世界名勝導遊培訓 English World Scenic Tour Guide Training for Young Children

ST09

運用世界各地的名勝作為教學題材，導師會透過相片及影片去介紹世界各地的及勝及著名地標，再配合英語生字及有趣互動的遊戲。

Instructors will introduce English vocabulary and interesting interactive games through famous scenes around the world.

24/7-21/8	11:30am-12:30pm	4-6歲/6名 Age 4-6/6 Participants	\$500/5堂 sessions
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備註 Note 費用已包括所有教材費 The price includes all teaching materials.

參加者如未滿6歲，須有最少1位6-24歲的家庭成員成為本會會員，並請在報名表上申報。

If the participants are under 6 years old, they must have at least one family member aged 6-24 who is a member of the association.

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星期四 Thursday

日期 Date	時間 Time	對象/名額 Target/Quota	收費/堂數 Fee/Number of class
幼兒小小梵高藝術家 Little Van Gogh Artist ST10			
以簡單幾何形態之事物，以訓練幼兒手部的活動能力，同時刺激其觀察與想像，以培養幼兒對繪畫的興趣。 Using simple geometric objects to train children's hand mobility while stimulating their observation and imagination, to cultivate children's interest in painting.			
25/7-22/8	9:10am-10:10am	4-6歲/6名 Age 4-6/6 Participants	\$520/5 堂 sessions
「角落生物」黏土餐室 "Corner Creature" Clay Dining Room ST11			
幼兒運用黏土進行創作，過程中有助幼兒的小肌肉發展，加強他們對事物的觀察能力。 When young children create with clay, the process helps them develop fine muscles and strengthens their ability to observe things.			
25/7-22/8	10:15am-11:15am	4-6歲/6名 Age 4-6/6 Participants	\$520/5 堂 sessions
3D 色彩鑽石畫課程 3D Color Diamond Painting Course ST12			
鍛煉幼兒對顏色的認識，激發孩子對美術活動的興趣，充分體現孩子對顏色世界的認識。 Exercise children's understanding of colors, stimulate their interest in art, and fully reflect their understanding of the color world.			
25/7-22/8	11:30am-12:30pm	4-6歲/6名 Age 4-6/6 Participants	\$480/5 堂 sessions

備註 Note 費用已包括所有教材費 The price includes all teaching materials.

星期五 Friday

日期 Date	時間 Time	對象/名額 Target/Quota	收費/堂數 Fee/Number of class
幼兒健康小食製作師 Healthy Snack Maker ST13			
讓學員嘗試不同烹飪主題，並學習食物中的營養和知識： Let students try different cooking themes and learn about food and nutrition: 1. 鮮果卷、2. 沙律脆脆筒、3. 麵包卷三重奏、4. 鮮果燕麥乳酪杯、5. 笑臉飯糰 1. Fresh fruit roll、2. Salad crunch cone、3. Bread roll trio、4. Fresh fruit oatmeal yogurt cup、5. Smiley face rice balls			
26/7-23/8	9:10am-10:10am	4-6歲/6名 Age 4-6/6 Participants	\$760/5 堂 sessions
幼兒 Party 美食小廚房 Party Gourmet Kitchen ST14			
教授各款派對美食： Lessons on various party foods: 1. 米奇老鼠棒棒、2. 粟米雞蛋沙律多士、3. 藍莓香蕉燕麥棒、4. 小熊朱古力鬆餅、5. 朱古力貓貓乳酪 1. Mickey Mouse lollipop、2. Corn and egg salad toast、3. Blueberry banana granola bar、4. Teddy bear chocolate waffles、5. Chocolate kitty yogurt			
26/7-23/8	10:15am-11:15am	4-6歲/6名 Age 4-6/6 Participants	\$760/5 堂 sessions
幼兒妙妙小廚神 Little Culinary Deities ST15			
教授各款甜品： Lessons on various desserts: 1. 手工黑白朱古力、2. 班蘭湯圓、3. 木糠布甸、4. 奶油曲奇、5. 朱古力杏仁脆片 1. Handmade black and white chocolate、2. Pandan sticky rice balls、3. Serradura pudding、4. Cream cookies、5. Chocolate almond crisp			
26/7-23/8	11:30am-12:30pm	4-6歲/6名 Age 4-6/6 Participants	\$760/5 堂 sessions

備註 Note 1. 費用已包括食物材料費； The price includes ingredients;
2. 請自備圍裙及食物盒。 Please bring your own apron and food container.

參加者如未滿6歲，須有最少1位6-24歲的家庭成員成為本會會友，並請在報名表上申報。

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星期六 Saturday

日期
Date

時間
Time

對象/名額
Target/Quota

收費/堂數
Fee/Number of class

幼兒英語魔術學院 English Magic Academy

ST16

除了教授魔術表演外，還滲入英語學習的元素，為小朋友提供一個輕鬆、愉快的環境下學習魔術、英語。
In addition to teaching magic performances, english learning are also incorporated. Children will learn magic and english under a relaxed and enjoyable environment.

27/7-24/8

9:10am-10:10am

4-6歲/6名
Age 4-6/6 Participants

\$580/5 堂 sessions

STEM探索科學世界之旅 STEM Explore the World of Science

ST17

學員製作有趣的科學模型：

1.卡通黏土磁力實驗、2.視覺錯覺實驗、3.自製神奇電動吹泡泡機、4.地球外的太空之旅、5.電路積木小實驗

Students will make interesting scientific models:

1.Cartoon magnetic clay experiment、2.Optical illusion experiment、3.Homemade magical electric bubble machine、4.Extra-terrestrial space journey、5.Small experiment with circuit building blocks

27/7-24/8

10:15am-11:15am

4-6歲/6名
Age 4-6/6 Participants

\$720/5 堂 sessions

STEAM玩轉卡通科學園 STEAM Game On Cartoon Science Park

ST18

學員製作卡通科學作品：

1.角落小夥伴溫度計、2.Baby Shark潛望鏡、3.Minions不倒翁、4.三眼仔萬花筒、5.米奇老鼠走鋼線

Students-created cartoon science works:

1. Corner Creature thermometer、2. Baby Shark periscope、3. Minion tumbler、4. Toy story Ailens kaleidoscope、5. Mickey Mouse on a tightrope

27/7-24/8

11:30am-12:30pm

4-6歲/6名
Age 4-6/6 Participants

\$600/5 堂 sessions

備註 Note 費用已包括所有教材費 The price includes all teaching materials.

參加者如未滿6歲，須有最少1位6-24歲的家庭成員成為本會會友，並請在報名表上申報。

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暑期課程 Summer Course

兒童系列 Children's Series

星期一 Monday

日期 Date	時間 Time	對象/名額 Target/Quota	收費/堂數 Fee/Number of class
馬賽克拼貼課程 Mosaic Collage Course ST19			
幫助兒童學習配色，提高對色彩與視覺的靈敏度： 1. 馬賽克杯墊、2. 馬賽克花瓶、3. 馬賽克燭台、4. 馬賽克幻彩相框、5. 馬賽克小座燈 Help children learn color matching and improve their sensitivity to color and vision: 1. Mosaic coaster、2. Mosaic vase、3. Mosaic candlestick、4. Mosaic photo frame、5. Mosaic small lamp			
22/7-19/8	9:10am-10:10am	7-12歲/8名 Age 7-12/8 Participants	\$480/5 堂 sessions
鬼滅之刃炭治郎黏土世界 Demon Slayer: Kimetsu no Yaiba Tanjiro Clay World ST20			
本課程主要製作《鬼滅之刃》的黏土： 1. 門炭治郎、2. 門禰豆子、3. 我妻善逸、4. 嘴平伊之助、5. 胡蝶忍 Clay for "Demon Slayer" is mainly made in this course: 1. Kamado Tanjiro、2. Kamado Nezuko、3. Agatsuma Zen'itsu、4. Inosuke Mouhira、5. Hu Dieren			
22/7-19/8	10:15am-11:15am	7-12歲/8名 Age 7-12/8 Participants	\$400/5 堂 sessions
Mandala Art 創作天地 Mandala Art Creative World ST21			
孩子可以學習創作結合了幾何形狀和精緻細節的鑽石Mandala圖案： 1. Mandala鑽石系列、2. 水果鑽石主題、3. 花花世界主題、4. 動物主題、5. 大自然主題 Children can learn to create diamond mandala patterns that combine geometric shapes and fine details: 1. Mandala diamond series、2. Fruit Diamond、3. Varicoloured world、4. Animal、5. Nature			
22/7-19/8	11:30am-12:30pm	7-12歲/8名 Age 7-12/8 Participants	\$440/5 堂 sessions
角落生物黏土農場世界 Corner Creatures Clay Farm World ST22			
本課程主要製作《角落生物》的黏土： 1. 白熊、2. 企鵝、3. 炸豬排、4. 蜥蜴、5. 貓 Clay for "Corner Creature" is mainly made in this course: 1. Polar bear、2. Penguin、3. Fried pork cutlet、4. Lizard、5. Cat			
22/7-19/8	2:15pm-3:15pm	7-12歲/8名 Age 7-12/8 Participants	\$400/5 堂 sessions
流體熊療癒之旅 Fluid Bear Healing Journey ST23			
除了培養兒童的藝術興趣和才能，兒童可以專注於顏料的流動和混合，紓解壓力和焦慮，從而有效促進全面發展和成長需要。 Cultivating children's artistic interests and talents by focus on the flow and mixing of paint to relieve stress and anxiety, thereby effectively promoting all-round development and growth.			
22/7-19/8	3:30p-4:30pm	7-12歲/8名 Age 7-12/8 Participants	\$800/5 堂 sessions
兒童創意畫室 Children's Creative Drawing ST24			
繪畫有助啟發兒童的創意，教授繪畫之基本技巧，如線條的™運用，幾何圖形、十字分析等由淺入深，培養繪畫興趣。 Drawing can help inspire children's creativity and teach them basic drawing skills, such as the use of lines, geometric figures, cross analysis, etc., from simple to advanced levels, and cultivate interest in drawing.			
22/7-19/8	4:45pm-5:45pm	7-12歲/8名 Age 7-12/8 Participants	\$750/5 堂 sessions

備註 Note 費用已包括所有教材費 The price includes all teaching materials.

星期二 Tuesday

日期
Date

時間
Time

對象/名額
Target/Quota

收費/堂數
Fee/Number of class

Chocolate 朱古力工廠 chocolate factory

ST25

製作不同口味的朱古力食品：

1. 特色朱古力、2. 倒模朱古力、3. 朱古力脆脆、4. 雙重朱古力、5. 朱古力慕士

Making different flavored chocolate:

1. Specialty chocolate、2. Molding chocolate、3. Chocolate crunch、4. Double Chocolate、5. Chocolate Mousse

23/7-20/8

9:10am-10:10am

7-12歲/8名
Age 7-12/8 Participants

\$800/5堂 sessions

日韓街頭美食教室 Japanese and Korean Street Food

ST26

教授製作日韓美食：

1. 日式炒麵、2. 大板燒、3. 銅鑼燒、4. 泡菜炒飯、5. 韓式拌飯

Lessons on making Japanese and Korean food:

1. Yakisoba、2. Okonomiyaki、3. Dorayaki、4. Kimchi fried rice、5. Bibimbap

23/7-20/8

10:15am-11:15am

7-12歲/8名
Age 7-12/8 Participants

\$720/5堂 sessions

巴黎夢幻甜品之旅 Paris Dream Dessert Tour

教授巴黎甜品之都的經典甜品：

1. 法國巴黎馬卡龍、2. 法國南錫馬卡龍、3. 意式馬卡龍、4. 意式蛋白棒棒糖、5. 經典可麗露

Lesson on making classic desserts of Paris:

1. French Paris Macarons、2. French Nancy Macarons、3. Italian Macarons、4. Italian egg-white lollipop、5. Classic Canelé

23/7-20/8

11:30am-12:30pm

7-12歲/8名
Age 7-12/8 Participants

\$880/5堂 sessions

日系傳統甜品工房 Japanese Traditional Dessert Workshop

ST28

教授日系傳統的經典甜品：

1. 日本三式蕨餅、2. 日式梳乎厘 Pancake、3. 日式草莓大福、4. 櫻之花水玄餅、5. 日式水果泡芙

Lessons on making classic Japanese desserts:

1. Three-style Japanese Warabi cake、2. Japanese soufflé pancake、3. Japanese strawberry Daifuku、4. Sakura no Mizugen cake、5. Japanese fruit puff

23/7-20/8

2:15pm-3:15pm

7-12歲/8名
Age 7-12/8 Participants

\$800/5堂 sessions

夏日「潮」食東南亞 "Trendy" Summer Southeast Asia Food

ST29

教授充滿東南亞風味的惹味小菜：

1. 泰式芒果沙律、2. 越南雞翼、3. 東南亞炒金邊粉、4. 馬來椰香咖哩雞、5. 越式米紙卷

Lessons on making delicious side dishes in Southeast Asian flavor:

1. Thai mango satin、2. Vietnamese chicken wings、3. Southeast Asian fried Phnom Penh Noodles、4. Malay coconut curry chicken、5. Vietnamese rice paper rolls

23/7-20/8

3:30pm-4:30pm

7-12歲/8名
Age 7-12/8 Participants

\$700/5堂 sessions

港式大排檔大廚班 Hong Kong Style Food Stall Chef Class

ST30

教授夠「鑊氣」的大排檔小炒：

1. 星州炒米、2. 咕嚕雞球、3. 沙爹串燒雞球、4. 粟米班塊、5. 風沙雞翼

Lessons on making "wok-flavored" food stall stir-fries:

1. Singaporean fried rice noodles、2. Sweet and sour chicken balls、3. Chicken Satay、4. Fish fillet in sweet corn sauce、5. Hong Kong Style Deep Fried Chicken Wings

23/7-20/8

4:45pm-5:45pm

7-12歲/8名
Age 7-12/8 Participants

\$700/5堂 sessions

備註 Note

1. 費用已包括食物材料費； The price includes ingredients;
2. 請自備圍裙及食物盒。 Please bring your own apron and food container.

日期 Date	時間 Time	對象/名額 Target/Quota	收費/堂數 Fee/Number of class
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遙控積木跑車工程師 Sports Car Engineer

ST31

透過教授遙控車組合過程及原理發展不同主題學習，學生的想像與創作也藉由積木的創作得以發揮，使原本抽象的想法變成具體的成品。

By teaching the process and principles of remote control car assembly and developing different themes, students' imagination and creativity are unleashed through the creation of building blocks, turning abstract ideas into solid finished products.

24/7-21/8

9:10am-10:10am

7-12歲/8名
Age 7-12/8 Participants

\$760/5堂 sessions

8合1太空探索科學 8-in-1 Space Exploration Science

ST32

學員可動手進行太空探索實驗：

1. 行星知多少
2. 認識太陽系
3. 星象圖DIY
4. 哈勃望遠鏡
5. 軌道運行模擬實驗
6. 月球火山口模擬實驗
7. 氣球火箭模擬實驗
8. 溫度變化模擬實驗

Students-conducted hands-on space exploration experiments:

1. How much do you know about the planets?
2. Understanding the solar system
3. Astronomy chart DIY
4. Hubble Telescope
5. Orbital simulation experiment
6. Lunar crater simulation experiment
7. Balloon rocket simulation experiment
8. Temperature change simulation experiment

24/7-21/8

10:15am-11:15am

7-12歲/8名
Age 7-12/8 Participants

\$720/5堂 sessions

魔力化學實驗大全 Magic Chemistry Experiment Collection

ST33

學員可動手進行科學實驗：

1. 五彩爆炸珠
2. 帶魔力的吸管
3. 密度與擴散
4. 電解食鹽水
5. 氣球浮沉
6. 看得見的溫度
7. 制作銀蛋
8. 糖水星空杯

Students-conducted hands-on scientific experiments:

1. Colorful exploding beads
2. Magic straw
3. Density and diffusion
4. Electrolyzed salt water
5. Bobbing balloon
6. Visible temperature
7. Making silver eggs
8. Starry syrup cup

24/7-21/8

11:30am-12:30pm

7-12歲/8名
Age 7-12/8 Participants

\$720/5堂 sessions

動感電路機械實驗大全 Dynamic Circuit Mechanical Experiments Collection

ST34

學員可動手進行電路機械實驗：

1. 動感恐龍
2. 迷你鈴鐺實驗
3. 電動籃球實驗
4. 水輪泡泡車
5. 飛碟濾光盤
6. LED燈組合實驗
7. 連動橋接實驗
8. 拋物連接實驗

Students-conducted hands-on circuit mechanical experiments:

1. Dynamic dinosaur
2. Mini-bell Experiment
3. Electric basketball experiment
4. Water wheel bubble car
5. Flying saucer filter disc
6. LED light combination experiment
7. Linked bridge experiment
8. Linked parabolic experiment

24/7-21/8

2:15pm-3:15pm

7-12歲/8名
Age 7-12/8 Participants

\$720/5堂 sessions

12合1光學實驗室 12-in-1 Optical Laboratory

ST35

學員可動手進行光學實驗：

1. 光和顏色及萬花筒
2. 濾光器及光的反射
3. 潛望鏡及望遠鏡
4. 透鏡及放大鏡
5. 手提顯微鏡及針孔照相機

Students-conducted hands-on optical experiments:

1. Light, colors and kaleidoscope
2. Light filter and light reflection
3. Periscope and telescope
4. Lenses and magnifying glasses
5. Handheld microscope and pinhole camera

24/7-21/8

3:30pm-4:30pm

7-12歲/8名
Age 7-12/8 Participants

\$720/5堂 sessions

12合1 水力實驗室 12-in-1 Hydraulic Laboratory

ST36

學員可動手進行水力實驗：

1. 水霧的形成
2. 水壓及水轉移
3. 水的三態及水酸度
4. 人工造雨及水的過濾器
5. 看雪花及泡泡的形態

Students-conducted hydraulic experiments:

1. Formation of water mist
2. Water pressure and water transfer
3. Three states of water and water acidity
4. Artificial rainmaking and water filters
5. Observing the shapes of snowflakes and bubbles

24/7-21/8

4:45pm-5:45pm

7-12歲/8名
Age 7-12/8 Participants

\$720/5堂 sessions

備註 Note

費用已包括所有教材費 The price includes all teaching materials.

日期 Date	時間 Time	對象/名額 Target/Quota	收費/堂數 Fee/Number of class
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IG大熱打卡甜品教室 IGable Dessert Classroom

ST37

課程主要教授各式大熱打卡甜品：

1. 藍莓燕麥瑪芬、
2. 愛心巧克力餅乾、
3. 鬆軟黑糖馬拉糕、
4. 椰汁紅豆糯米卷、
5. 巧克力意式奶凍

- The course mainly teaches making various popular desserts:
1. Blueberry oatmeal muffins、2. Loving chocolate cookies、3. Soft brown sugar mala cake、4. Coconut red bean sticky rice rolls、5. Chocolate panna cotta

25/7-22/8

9:10am-10:10am

7-12歲/8名
Age 7-12/8 Participants

\$840/5堂 sessions

「芝」味甜品歷險記 The Adventures of "Cheese" Flavored Desserts

ST38

課程教授芝士甜品：

1. 車打芝士鬆餅、
2. 芝士朱古力軟曲奇、
3. 芝士麻 波波、
4. 紐約芝士撻、
5. 三重奏芝士蛋糕

The course teaches making cheese desserts:

1. Cheddar cheese waffles、
2. Chocolate cheese soft cookies、
3. Cheese mochi pops、
4. New York cheese tart
5. Trio cheesecake

25/7-22/8

10:15am-11:15am

7-12歲/8名
Age 7-12/8 Participants

\$840/5堂 sessions

「爆漿」小食廚藝課程 "Molten Lava" Cooking Class

ST39

課程主要教授各式香港地道「爆漿」小食：

1. 爆漿芝士薯餅、
2. 一口爆漿西多士、
3. 爆煉芝士卷、
4. 芝味蝦多士、
5. 芝士蟹肉玉子燒

The course mainly teaches how to make a variety of 'Molten Lava' Hong Kong snacks:

1. "Molton Lava" Cheese Hash Browns、
2. Bite size "Molton Lava" French toast、
3. "Molton Lava" cheese roll、
4. Cheesy Shrimp Toast、
5. Crab Meat Tamagoyaki with cheese

25/7-22/8

11:30am-12:30pm

7-12歲/8名
Age 7-12/8 Participants

\$840/5堂 sessions

幻想繽紛 Tea Time 甜點世界 Fantasy Tea Time Dessert World

ST40

本課程主要教授各式下午茶的小甜品：

1. 花樣奶酥餅乾、
2. 巧克力燕麥餅、
3. 玉米蛋餅、
4. 檸檬藍莓蛋糕、
5. 花生醬巧克力曲奇餅

This course mainly teaches how to make various afternoon tea desserts:

1. Assorted soufflé cookies、
2. Chocolate Oatcakes、
3. Tacos、
4. Lemon blueberry cake、
5. Peanut butter chocolate chip cookies

25/7-22/8

2:15pm-3:15pm

7-12歲/8名
Age 7-12/8 Participants

\$840/5堂 sessions

口感一流食堂廚藝課程 First-class Cooking Course

ST41

本課程主要教授各式口感一流特式小食：

1. 蔥油餅、
2. Oreo奶卷、
3. 焦糖奶香布蕾、
4. DIY蔥油拌麵、
5. 煎薄撐

This course mainly teaches how to make a variety of special snacks with first-class taste:

1. Scallion pancake、
2. Oreo granny roll、
3. Caramel milk brulee、
4. DIY scallion oil noodles、
5. Fried Chinese pancake

25/7-22/8

3:30pm-4:30pm

7-12歲/8名
Age 7-12/8 Participants

\$840/5堂 sessions

「濃、脆」甜入心學堂 "Thick and Crispy" Sweet to the Heart

ST42

本課程主要教授各式入門甜品：

1. 香濃朱古力咖啡鬆餅、
2. 香脆雞蛋餅、
3. 蝴蝶酥、
4. 抹茶麻 手指餅乾、
5. 朱古力脆脆銅鑼燒

This course mainly teaches how to make various introductory desserts:

1. Rich chocolate coffee waffles、
2. Crispy Chinese omelette、
3. Palmier、
4. Matcha Mochi finger cookies、
5. Crispy chocolate Dorayaki

25/7-22/8

4:45pm-5:45pm

7-12歲/8名
Age 7-12/8 Participants

\$840/5堂 sessions

備註 Note

1. 費用已包括食物材料費； The price includes ingredients;
2. 請自備圍裙及食物盒。 Please bring your own apron and food container.

星期五 Friday

日期
Date

時間
Time

對象/名額
Target/Quota

收費/堂數
Fee/Number of class

兒童KICKBOXING Children's Kickboxing

ST43

通過輕鬆舒服的課程學習新一代的BOXING 訓練，學員可訓練個人反應，使身手更為敏捷，動作更為協調。
Learn the new generation of Boxing. Through training, students can improve their individual reactions to make their skills more agile and coordinated.

26/7-23/8

9:10am-10:10am

7-12歲/8名
Age 7-12/8 Participants

\$800/5堂 sessions

兒童瑜珈班 Children's Yoga Class

ST44

瑜珈可改善兒童姿勢調整、提升專注力、增力耐心上有很大幫助。
Yoga can greatly improve children's posture, concentration, and patience.

26/7-23/8

10:15am-11:15am

7-12歲/8名
Age 7-12/8 Participants

\$750/5堂 sessions

兒童體能訓練班 Children's Physical Training Class

ST45

為兒童在暑假期間有充足運動量，導師會根據每位學員的體質訂下體能運動目標。
In order for children to have sufficient exercise, instructors will set physical exercise goals based on each student's physical condition.

26/7-23/8

11:30am-12:30pm

7-12歲/8名
Age 7-12/8 Participants

\$750/5堂 sessions

兒童普拉提 Pilates for Children

ST46

教授普拉提的基本動作，使身體更為協調平衡，以增加身心健康。
Lessons on the basic movements of Pilates to make the body more coordinated and balanced to increase physical and mental health.

26/7-23/8

2:15pm-3:15pm

7-12歲/8名
Age 7-12/8 Participants

\$750/5堂 sessions

花式跳繩 Fancy Rope Skipping

ST47

課程教授不同花式跳繩的技巧，令學員可以強健心肺，有助提升身心發展。
The course will teach different jumping rope techniques. Fancy rope skipping can strengthen cardiopulmonary function and help, improve physical and mental health development.

26/7-23/8

3:30pm-4:30pm

7-12歲/8名
Age 7-12/8 Participants

\$750/5堂 sessions

K-POP 勁舞團 KPOP Audition

ST48

教授流行的韓國音樂，教導小朋友的基礎舞蹈技巧，訓練身體的協調及靈活性，透過舞步培養小朋友的節奏感。
Teach children popular Korean music, basic dance skills, train body coordination and flexibility, and develop their sense of rhythm through dance steps.

26/7-23/8

4:45pm-5:45pm

7-12歲/8名
Age 7-12/8 Participants

\$750/5堂 sessions

備註 Note

1. 費用已包括所有教材費； The fee includes all teaching materials;
2. 請穿著合適運動之衣物； Please wear appropriate sports clothing;
3. 請自備飲用水。 Please bring your own water bottle.

星期六 Saturday

日期
Date

時間
Time

對象/名額
Target/Quota

收費/堂數
Fee/Number of class

社交領袖才能訓練營 Social Leadership Training Camp

ST49

本課程讓孩子透過有趣的活動及遊戲，學習有耐性地與人相處，同時學習社交禮儀及技巧，還可以培養孩子們的社交能力、語言能力、表達技巧。

This course allows children to learn to get along with others patiently through interesting activities and games, while learning social etiquette and skills. It can also develop children's social skills, language and expression skills.

27/7-24/8

9:10am-10:10am

7-12歲/8名
Age 7-12/8 Participants

\$500/5堂 sessions

專注力Level Up訓練大比拼 Concentration Level Up Training

ST50

以遊戲改善學童的專注力：

1. 專注力訓練遊戲、2. 視覺專注、3. 聽覺專注、4. 交替性專注、5. 專注力測驗

Using games to improve students' concentration:

1. Concentration training game、2. Visual focus、3. Listening focus、4. Alternate focus、5. Concentration test

27/7-24/8

10:15am-11:15am

7-12歲/8名
Age 7-12/8 Participants

\$500/5堂 sessions

小小Youtuber聽說訓練班 Little Youtuber Listening and Speaking Class

ST51

透過訓練小朋友的表達力、組織力和膽量，學習主持人所擁有的特質，讓孩子得以全面地發展，學習改善懶音，說話節奏及身體語言，增強演說技巧。

Training children's expression, organization and courage, and learning the characteristics of the host, children can develop their lax pronunciation, speaking rhythm and body language, and enhance their speaking skills.

27/7-24/8

11:30am-12:30pm

7-12歲/8名
Age 7-12/8 Participants

\$500/5堂 sessions

高效圖像記憶學習坊 Effective Image Memory Learning Workshop

ST52

以遊戲改善學童的記憶力：

1. 圖像記憶學習法的好處、2. 圖像記憶方法、3. 圖像記憶遊戲、4. 圖像記憶法的讀書技巧、5. 訓練右腦的健腦操

Using games to improve students' memory:

1. Benefits of image memory、2. Image memory method、3. Image memory game、4. Reading skills of image memory、5. Brain exercises for the right brain

27/7-24/8

2:15pm-3:15pm

7-12歲/8名
Age 7-12/8 Participants

\$500/5堂 sessions

全方位多感官研習坊 Comprehensive Multi-sensory Workshop

ST53

從多方面啟發兒童的藝術潛能，透過觸覺、視覺、聽覺、物料轉換等等的可能性，打開兒童天馬行空的想法，創造出非凡的藝術作品。

Inspire children's artistic potential in multiple aspects through touch, vision, hearing, material conversion, etc., Children can create extraordinary works of art.

27/7-24/8

3:30pm-4:30pm

7-12歲/8名
Age 7-12/8 Participants

\$600/5堂 sessions

魔術師密碼大拆解 Magician's Code Unraveled

ST54

教授學員各種趣味魔術：

1. 特技魔術、2. 移位魔術、3. 控物力魔術、4. 還原魔術、5. 各款撲克牌魔術

Teach students various fun magic tricks:

1. Special effect magic、2. Transportation magic、3. Control magic、4. Restoration magic、5. Various poker card magic tricks

27/7-24/8

2:15pm-3:15pm

7-12歲/8名
Age 7-12/8 Participants

\$580/5堂 sessions

備註 Note

費用已包括所有教材費 The price includes all teaching materials.